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One-Pot Pasta: From Pot To Plate In Under 30 Minutes



Synopsis

Over 30 delicious dishes that cook in one pot in under 30 minutes Quick to cook, nutritious, and filling, there is often nothing more satisfying than a bowl of pasta. In One-Pot Pasta, Sabrina Fauda-RÃ´le takes it to new heights as she shares all her favorite ways to cook a delicious mid-week meal at record speed! With a stylish design and chapters covering Meat, Seafood, Vegetarian and Cheese, Sabrina cooks up fresh, fun, and easy recipes, from a classic spaghetti with meatballs to interesting flavor combinations such as pasta with curried carrots and sesame seeds. Sabrina's magic method works with a wide variety of pasta types and shapes. All the ingredients go into one pot, which cooks over a medium heat for 15 minutes. After resting off the heat for 5 minutes, all the dishes are ready to top and serve. One-Pot Pasta shows that even after a long day at work anyone can prepare a hearty, healthy, and delicious supper in under half an hour.

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